

“IT’S ONLY A GAME”

**Remember,
Play Responsibly!**



**If you think you or someone
you know has a gambling
problem, help is available in
New Jersey**

24 hours a day...every day!

Call 1-800-GAMBLER®

or access the **Council on Compulsive
Gambling of New Jersey's**
website: www.800gambler.org

New Jersey Lottery



Benefits Education and Institutions

If you play the lottery, here are some things to keep in mind:

- Money needed for daily expenses should not be used for playing the lottery.
- Set a limit. Don't chase your losses and risk getting deeper into a hole.
- Set some winnings aside for other purposes.
- Winning and losing are both part of playing the lottery and other gaming activities. If you're only prepared to win, you're not prepared to play the lottery.
- Playing the lottery is a recreational activity and not an alternative to work.

“Yes” answers to these questions could indicate a developing gambling problem.

- Do you spend most of your time thinking about playing the lottery?
- Are you avoiding or neglecting other responsibilities in order to play?
- Do you spend a lot of time thinking about what you will do with your winnings?

If you or someone you know has a gambling problem, call

1-800-GAMBLER®

Produced by the New Jersey Lottery in cooperation with the Council on Compulsive Gambling of New Jersey, Inc.
3635 Quakerbridge Road, Suite 7, Hamilton, NJ 08619

New Jersey Lottery



Benefits Education and Institutions